**INSTRUCTIONS FOR USE**

**1. Wash and dry hands thoroughly.**

**2. Wrap index finger in single layer of cling film (if available).**

**3. Insert into Oximeter (as shown in picture overleaf) with nail uppermost.**

**4. Follow Easy Operation instructions attached.**

**5. Record PRbpm and Sp02% readings as shown on display.**

**6. Take 40 steps on the flat within the home, take and record second reading.**